

Southampton:

Role location:

- No Limits Head Office, 34/35 The Avenue, Southampton, SO17 1XN
- No Limits Advice Centre, High Street, Southampton, SO14 2DF

Day and time commitment:

Monday – Friday 1 pm to 6 pm
Saturday – 10 am to 1:30 pm

Responsible to: Operations Manager – Therapeutic Services

Disclosure and Barring Service Check (DBS): Enhanced DBS – Child and Adult Barred List

Essential driver?: No, but must be able to independently travel to the role location

Here at No Limits, our mission is **to empower children and young people to reach their full potential through information, advice, counselling and support**. Our people are key in supporting us to achieve our aims and your role in this is outlined below.

We particularly welcome applicants from diverse backgrounds and those with experiences similar to the children and young people we help and support. We are committed to creating a diverse environment where people can be their authentic self, experiences and opinions are valued, and we all are open to learn from each other.

About the role

In this role, you will be part of a dedicated team providing therapeutic support to children and young people from 11 to 25 years (18-25 yrs old if care leaver or SEND).

This is an opportunity to put your skills into practice, gain further experience and make a real difference to the lives of children and young people. In return, you will receive regular clinical supervision, support and training.

About you – knowledge, skills and experience

To apply for this role, we are looking for someone with the following skills and qualities:

- ✓ Be studying a Level 4, or above, in a relevant counselling qualification
- ✓ Fitness to practice/Readiness to practice from course provider
- ✓ Membership / registration with a professional counselling and psychotherapy body, such as British Association for Counselling and Psychotherapy (BACP) – this could be arranged through your course
- ✓ Able to work with 11-to 17-year-olds, as most of our referrals are for this age group
- ✓ Friendly and approachable
- ✓ Non-judgmental, patient, and welcoming attitude
- ✓ Committed, trusted and reliable
- ✓ Ability to role model and maintain healthy professional boundaries
- ✓ Genuine interest in children and young people, supporting them to reach their full potential
- ✓ Ability to build trusting relationships with children and young people

Please include on your application form other relevant knowledge, skills and experience which can be from work, volunteering, education or personal experience. We value growth and may make recruitment decisions where not all essential areas are met, but you're able to show an ongoing commitment to learning and development.

Main duties and responsibilities

- Provide weekly, short-term counselling for 11- to 25-year-olds – a minimum of four children and young people
- Manage the counselling relationship with children and young people from start to finish, working within No Limits guidelines and the British Association for Counselling and Psychotherapy (BACP) Ethical Framework, upholding relevant clinical standards
- Maintain and develop professional practice through Continuous Professional Development opportunities, clinical supervision and support from your Coordinator
- Promote best practice and challenge any unethical behaviour

General

- Independently, and as part of a team, work in an impartial, confidential and non-judgemental way – raising any concerns immediately with your Manager
- Keep up-to-date with relevant news, information and guidance provided by No Limits
- Work within No Limits' policies and guidelines, particularly safeguarding and confidentiality
- Attend and participate in regular training / Continuous Professional Development (CPD), meetings, clinical supervision and 1-2-1 reviews
- Complete monitoring, referral and / or other forms or documents to a high standard, and as required