

Work Club

**NO
LIMITS**
Helping Young People
Help Themselves

For young people aged 15-25 looking for employment, education or training opportunities

Work Club is a space for you to get help wherever you're at, from finding college courses and exploring career ideas, to applying for places and vacancies all the way through to the interview and beyond.

At Work Club, you can get:

- Access to the internet and help looking for jobs, volunteering or educational opportunities
- Help setting up your own email
- Support writing and printing CVs, filling out application forms and covering letters
- Training for interviews
- Referrals to training and local work experience opportunities
- Referrals to other No Limits support



Work Club details

Work Club takes place every Tuesday from 2-4pm at our Advice Centre. No referral or sign up is needed to attend, just come down to our Advice Centre when it's on.

Further support

At our Advice Centre, you can speak to one of our youth workers without needing to make an appointment before coming down.

They can support you with anything you're going through, but common issues include mental health, housing, finances and relationships.



Scan to find out more about our Advice Centre

Advice Centre opening times and address

Monday 10am - 5pm

Thursday 10am - 8pm

Tuesday 10am - 5pm

Friday 10am - 5pm

Wednesday 1:30 - 8pm

Saturday 10am - 1:30pm

13 High Street, Southampton, SO14 2DF



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