



## Therapeutic support for children and young people across Hampshire, Portsmouth and Southampton

Hampshire Youth Access (HYA) is a group of organisations providing counselling, mental health and wellbeing advice and support to children and young people aged 5-17 (or up to 24 for care leavers and SEND young people) across Hampshire.



Short term support from qualified youth wellbeing practitioners with mental health training, through one-to-one and group work interventions



Information and advice for children, young people, parents, professionals and other adults concerned about a young person's wellbeing.



Counselling and therapeutic support for 5 -10 year-olds.



Counselling and therapeutic support for 11 - 17 year-olds. (Delivered by our partner agencies across Hampshire, or online).

# The Partners



Scan to find out more about Hampshire Youth Access



Scan to refer

[hampshireyouthaccess.org.uk](http://hampshireyouthaccess.org.uk)

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