

## Confidentiality at No Limits

No Limits is a confidential service. This means that, in general, we won't tell anyone outside of No Limits what you've told us, unless you agree that we can.

However, sometimes we have a duty to tell someone what you've told us, if we need to protect you and/or other people from harm. This includes serious harm that could happen to you now, but could also include if someone has seriously hurt you or someone else in the past.

We will do our best to let you know if we have to share something you've told us.