



No Limits Job Description

Title of Post	Youth Worker - Sexual Health and Wellbeing
Base	No Limits
Conditions of Service	37 hours per week over 5 days 28 days holiday (pro rata based on 37 FTE) plus bank holidays Includes occasional evenings and weekends
Purpose of Post	To provide information, advice and guidance to children and young people surrounding relationships and sex education.
Responsible to	Project Manager, Service Manager and CEO
Limits of Authority	To act within the policies and other regulations as laid down by No Limits Management Committee

Principal Accountabilities:

To work in partnership with Solent Sexual Health services you will be working across Hampshire, Portsmouth and Southampton;

- To provide specialist advice and education in relation to relationships and sexual health through both one-to-one and group-based interventions.
- Providing asymptomatic screenings of STIs, distribute condoms and offer support with pregnancy testing.
- Deliver 'Let's Talk RSE' sessions to identified groups of children and young people through educational settings.
- Facilitate the delivery of sexual health specific peer education programmes and offer on-going support.
- Deliver information and advice to LGBTQ+ young people around Relationships & Sexual Education (RSE)
- Offer bespoke educational workshops for schools covering issues such as CSE, Consent, Online Safety, Pornography.
- To deliver RSE professionals' training across Hampshire, Southampton and Portsmouth.
- Provide quality up to date information, advice and support which supports children and young people's emotional health, personal and social development and promotes healthy lifestyles in schools and colleges across Southampton, Portsmouth and Hampshire.
- To act as an advocate and refer children and young people as appropriate to specialist local services and statutory agencies to ensure their needs are appropriately met.
- To promote the involvement of young people in planning, delivery and evaluation of services.
- To represent the service at meetings and at school/ college and community events when required.

Planning and Organising:

- Planning is essential in relation to ensuring administrative support to the organisation. This role requires the ability to react in a timely and effective manner to needs identified by the Senior

Leadership Team and Management Committee, and within the business. Where activities present the possibility of conflicting priorities, this post holds responsibility for identifying the conflict and seeking clarification from managers on how to proceed.

Decision Making:

- To maintain an overview of the sold services and to alert any issues to your Line Manager.
- To communicate clearly in a timely manner when workload and available resources conflict.

Internal and External Relationships:

- To liaise and network with other agencies and organisations, ensuring that the needs of No Limits are met, and that good practice encountered is considered, in the ongoing development of the service.
- To attend training and meetings as required, and to attend and participate in regular supervision.

Policy and procedures:

- To demonstrate work practice that encompasses an appreciation and awareness of No Limits policies and procedures, and to ensure that all staff adhere to these practices.
- To ensure that services are delivered in line with relevant legislation, No Limits objectives and policies including those relating to Equality & Diversity, Customer Care and Health and Safety

General:

- To undertake other duties as required from time to time, that reasonably fall within the scope and grade of the post.
- To demonstrate an ongoing commitment to the safeguarding of children, young people and vulnerable adults.

Person Specification Youth Worker - Sexual Health and Wellbeing		
Requirement	E/D	HOW ASSESSED
Qualifications/Education/Training: A Mental Health, Youth Work, Social Work, or equivalent qualification at level 4, or willingness to undertake training.	Desirable	App/Int/Cert
Experience: Experience of working with young people in a variety of settings and environments individually and in group work. Experience of providing sexual health, emotional health and wellbeing information and advice. Experience of case holding clients and maintaining individual client files. Experience of and ability to assess the needs of young people, undertake risk assessment and develop and review working practices. Experience of lone working in the community Experience of working with people with complex needs and challenging behavior, Experience of working in a multi-disciplinary team and of collaborative work with internal and external colleagues which delivered improved outcomes for children.	Essential Essential Desirable Desirable Desirable Desirable Desirable	App/Int/Ref App/Int/Ref App/Int/Ref App/Int App/Int/Ref App/Int/Ref App/Int/Ref
Knowledge: Knowledge of relationship and sexual health guidance for educational settings Knowledge of the barriers young people may face in accessing sexual health services Awareness of issues facing young people and how these can act as barriers for young people to access support. Knowledge and experience of developing and maintaining contacts with other agencies/organisations. To keep up to date on the major issues that affect families and young people including health, family and relationships, housing and homelessness, money and benefits.	Essential Essential Essential Essential Essential	App/Int/Ref App/Int/Ref App/Int/Ref App/Int/Ref App/Int/Ref
Skills and Competencies: Able to build trusting relationships with young people, enabling them to develop new skills and make their own informed choices.	Essential	App/Int

Demonstrate a commitment to safeguarding and promoting the welfare of children and young people.	Essential	App/Int/Ref
Demonstrate commitment to the principles and working practice of equal opportunities	Essential	App/Int/Ref
Demonstrate the ability to produce reports, maintain records, statistics and receipts.	Desirable	App/Int/Ref
Demonstrate effective organizational skills and good time management skills.	Essential	App/Int/Ref
Personal Attributes:		
Demonstrates motivation and shows initiative in work practice.	Essential	
Demonstrate enthusiasm and ability to work whilst under pressure	Essential	
Demonstrate the ability to work and communicate effectively as part of a large multidisciplinary team.	Essential	
Other:		
Ability to travel across Hampshire	Essential	App/Int
Ability to work flexible hours including evenings and weekends	Essential	App/Int
This role will involve working in a children and young people environment and will require an Enhanced DBS.	Essential	Cert

*This post is subject to an enhanced DBS.

KEY

E = Essential. App = Application. Form Cert = Certificate
D = Desirable. Int = Interview. Ref = Reference