

# NO LIMITS

Helping Young People  
Help Themselves

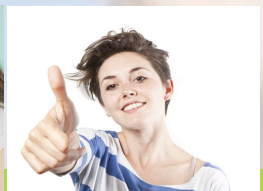
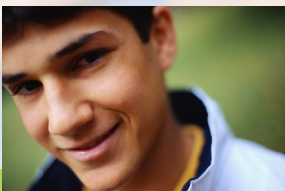
## Youth Ambassadors: No Limits needs You...

- Are you aged 14-25 years old?
- Have you, would you, could you or are you using No Limits services?
- Would like to help ensure other young people know about our services and advocate on their behalf?
- Would you like to get involved in developing and promoting our services?

**We are looking for volunteers to attend regular meetings / training sessions. As well as take part in activities such as:**

- Helping promote No Limits through photo shoot opportunities, talking about us at events, being used in promotional material.
- Helping plan our events.
- Helping in the staff recruitment process (being part of our Young Peoples panel)
- Participation in focus groups/consultations about issues all Young People face
- Feedback ideas/suggestions on how No Limits can provide a better service.

<https://nolimitshelp.org.uk/get-help/youth-ambassadors/>



[www.nolimitshelp.org.uk](http://www.nolimitshelp.org.uk)  
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