Youth Worker – Mental Health Transitions

Place of work:	No Limits locations in Southampton and community-based settings
Salary:	Band C - £24,546 to £26,294 (Full time equivalent, pro-rata for part-time)
Working days and hours:	28 – 37 hours, Monday to Friday, to include one evening per week
Role type:	Permanent
Responsible to:	Early Intervention &Transitions Operations Manager
Responsible for:	Occasionally responsible for volunteers and student placements
Disclosure and Barring Service Check (DBS):	Enhanced DBS – Child and Adult Barred List
Essential driver?:	Yes

Here at No Limits, our mission is **to empower children and young people to reach their full potential through information, advice, counselling and support.** Our people are key in supporting us to achieve our aims and your role in this is outlined below.

We particularly welcome applicants from diverse backgrounds and those with experiences similar to the children and young people we help and support. We are committed to creating a diverse environment where people can be their authentic self, experiences and opinions are valued, and we all are open to learn from each other.

About the role

You will be working with Hampshire-based young people aged 16 to 25 years, and their families, to provide mental health and emotional wellbeing support which includes connecting them with onward support services that are available and relevant to their situation and needs. This will be delivered face-to-face in community locations across Hampshire, by telephone, email and webchat.

The service will span both children's and adults' services, with the express aim of supporting young people to make the positive transition to adulthood whether transitioning from children's to adult's services or into community-based support.

As a Youth Worker, you must be able to:

- ✓ Build trusting and supportive relationships with children and young people
- ✓ Respect and promote children and young people's rights to make their own decisions and choices
- ✓ Be committed to safeguarding and promoting the welfare of children, young people and vulnerable adults

About you – knowledge, skills and experience

To apply for this role, we are looking for:

- ✓ Experience of working with children and young people
- ✓ Experience of working with, and supporting children around mental health and emotional wellbeing
- ✓ Ability to build trusting and positive relationships with young people

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- ✓ Experience and working knowledge of effective interventions with children and young people
- ✓ Ability to use IT to support your role, including the use of technology and Microsoft suite
- ✓ A commitment to personal growth, continuous development, and application of learning

You may also have:

- ✓ A Level 3 Youth Work and / or Safeguarding qualification (or equivalent), or equivalent professional experience
- ✓ Lived experience of one or more areas that No Limits support children and young people
- ✓ Experience of engaging young people with challenging behaviours and/or complex needs
- ✓ Experience of case holding clients and maintaining client files
- ✓ Knowledge of performance measurement tools and their use

Please include on your application form other relevant knowledge, skills and experience which can be from work, volunteering, education or personal experience. We value growth and may make recruitment decisions where not all essential areas are met, but you're able to show an ongoing commitment to learning and development.

Main duties and responsibilities

- Responsible for triaging enquiries / contacts which lead to appropriate onward support, using professional skills, knowledge, and experience to gather information and make a full assessment of wellbeing needs of young people accessing the service.
- Act as the first point of contact and signpost young people and / or families to the relevant agency, based on their needs.
- Assess the needs of young people and work with them and – where appropriate – their parents, carers and / or partners to navigate health, social care and community-based services.
- Hold a caseload for those who are struggling to access onward support, building relationships to help them and parents / families to access the right therapeutic service (if needed), and / or to access community provision.
- Provide parent / carer support when appropriate through groups and workshops,
- Work as part of a wider team around the young person which includes social prescribing Child and Adolescent Mental Health Services (CAMHS), Adult Mental Health services, Improved Access to Psychological Therapies (IAPT), Primary Care, Preparation for Adulthood Team, colleges, universities, and the care leavers team.

Working with children and young people

- Act as an advocate for children and young people and refer them on to other relevant agencies and services, as appropriate, making sure their needs are appropriately met
- Work within the Youth Information, Advice and Counselling Services (YIACS) model, providing quality, accurate and appropriate information, advice and support – that is accessible for children and young people
- Share good practice and / or resources, to support the development of services and wider organisation
- Help children and young people feel listened to, connect them with No Limits services and build positive relationships with them

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- Promote the involvement of young people in planning, delivery and evaluation of services
- Improve the lives children and young people by minimising the impact of their difficulties through the delivery of excellent services to promote wellbeing
- Collect and process accurate data and feedback from service users, on time and to high standards, which will be used for reporting and funding, helping to identify needs and improving the visibility, access and delivery of our services
- Protect the confidentiality of service users, by making sure the handling, sharing and processing of their information is in line with No Limits guidance and procedures
- Make sure safeguarding concerns and serious incidents are handled, recorded and monitored in line with No Limits guidance and procedures

General

- Demonstrate an ongoing commitment to the safeguarding of children, young people, and vulnerable adults
- Demonstrate a commitment to Diversity, Equity and Inclusion and participation of children and young people, making sure that principles and practice are implemented within your work area
- Keep up-to-date with information, knowledge and issues that may impact No Limits or your work area
- Work in line with No Limits policies and procedures, making sure statutory and legal obligations are met
- Use resources appropriately and record accurate records of hours and expenses in line with No Limits (hours / sick / holidays) contracts and policy
- Attend and actively take part in training, meetings, events, one-to-ones and clinical supervision
- Maintain accurate records and systems, both online and paper-based
- Support the implementation of No Limits strategy, demonstrating and promoting our mission and values
- Contribute to the positive image of No Limits with children and young people, parents, partners and the local community working with your team to ensure a full service, providing cover if needed
- Commit to other duties as reasonably required by No Limits, appropriate to the scope and grade of the role

The purpose of this job description is to focus on the main responsibilities of the role. These duties and responsibilities may, within reason, change at the discretion of No Limits.